



# All About Me!

Child's Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Allergies: \_\_\_\_\_

I drink: breast milk, formula,  
or both? \_\_\_\_\_

My naptime: how long/how  
often?  
\_\_\_\_\_  
\_\_\_\_\_

If I take a pacifier when or  
how often do I like  
it? \_\_\_\_\_

It helps me go to sleep when:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

My bottle feedings. How often  
& how many ounces:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I enjoy:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I am allowed to eat:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Some special instructions are:  
\_\_\_\_\_  
\_\_\_\_\_

*"Definition of a baby: That which makes the  
home happier, love stronger, patience greater,  
hands busier, nights longer, days shorter, purses lighter,  
clothes shabbier, the past forgotten, the future brighter."  
by Marion Lawrence*